

Core Belief:

No young person is beyond help and every individual and family has both strengths and worth.



The Family Effect
Heal a family and we all get better

If you are interested in learning more about how you can get involved through either volunteering your time or making a donation, you can do so through our foundation, The Family Effect.

The Family Effect works to reduce addiction as the leading cause of family collapse and harm to children. To learn more, please visit www.thefamilyeffect.org or call 864-467-3944.



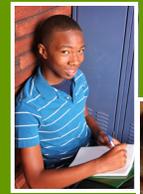
For more information:

975 Foot Hills Road, Greenville, SC 29617

Main Number	864-371-1280
Referrals	864-371-1265
Manager	864-371-1264
Fax	864-371-1278
Phoenix Center Main Number	864-467-3790
Adolescent Outpatient	864-467-3939

White Horse Academy

A Residential Treatment Facility for Adolescents



Purpose:

To develop socially-skilled, responsible young men who achieve their potential.

Philosophy:

To promote life change towards recovery through therapeutic, experiential opportunities for substance abusing adolescents and their families.

Priorities:

Include emphasizing respect, honesty, teamwork, safety, and consistency.



The Phoenix Center of Greenville

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Greenville County Commission on Alcohol and Drug Abuse



What is the White Horse Academy



The Academy is a **Residential Treatment** program for boys age 13 through 17 who are struggling with drugs or alcohol. The program's objective is to help heal the adolescent and the family, and chart a pathway to long-term health and success. The Academy is located on 29 acres of beautiful land in the scenic foothills of upstate South Carolina.

Who do we serve

The **White Horse Academy** has a capacity for up to 16 adolescents at a time. Admission is considered on a case by case basis, and follows nationally recognized guidelines set by the American Society of Addiction Medicine. Although each case is different, the typical length of stay at the Academy is between 90 to 120 days.

Successful completion depends on the client's willingness to engage in the treatment and recovery process. Family involvement is also very important. Addiction is more than an individual's problem—it's a family problem—and the family is an integral part of treatment at the White Horse Academy. At the Academy we treat the family, not just the individual.

What can I expect

All families are treated with **Respect** and every case is Confidential.

During their stay at the Academy, clients will benefit from a wide range of counseling and treatment activities, all focused on engaging them in their own recovery and bringing about positive changes in their lives. In addition to individual and group counseling and education sessions, the Academy provides treatment experiences that include:

- High and Low Challenge Courses
- Organic Gardening
- Music, Pet, and Recreational Therapies
- Life Skills & Anger Management
- Family Therapy

These treatment modalities are designed to assist adolescents in developing appropriate means of self-expression, attaining personal achievement, developing stronger coping and decision making skills, and assisting them in moving away from substance abuse behaviors and into pro-social activities.

Each client at the Academy enjoys their own private room, with a shared bathroom and recreational spaces. A full kitchen provides healthy food and opportunities for clients to enjoy meals together.



Staff Qualifications

Certified Addiction Counselors, with special training in adolescent care help each client progress through their treatment plan, towards recovery and a healthy life. Each client is seen by a Doctor within the first 24 hours of admission, with weekly visits for the duration of their stay in the program. A licensed Child Psychiatrist meets with each client, and a Registered Nurse is on-site 40 hours per week. And finally, after graduation from the program, a Case Manager helps the client and family adjust to a successful life back home.

How Can I make a referral

The Academy accepts **referrals** from families, social service agencies, juvenile court programs and hospitals from Greenville or any county throughout South Carolina.

If you are interested in referring a teenage boy age 13 through 17 who is struggling with drugs or alcohol, please contact us at (864) 371-1265.

The agency accepts private insurance or Medicaid and does not refuse service to anyone based on their ability to pay.