

**The Phoenix Center – Greenville County Commission  
On Alcohol and Drug Abuse  
Annual Public Report  
July 2007 – June 2008**

**I. Client Services**

**Total Number of Persons Served**

As evidenced by the following table, more individuals are being served each year in one of the many programs offered by The Phoenix Center. Through June 2008, we have served 4,413 individuals, which is nearly a 10% increase from FY 07. Historically, between 50 and 55% of the total served each year are new entries – not readmissions of the same individual. **\*Section updated on 9/3/08. FY 08 data not updated.**

	FY 08					FY 07	FY 06	FY 05	FY 04
	1 <sup>st</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr	YTD				
Intakes - # who completed enrollment paperwork	1034	1024	1118	1087	4500	4249	4025	3586	2940
Admissions - # who were assessed and placed in services (based on admissions)									
First Entry	525	548	589	561	2211	2241	1989	1698	1410
Re-entry	503	437	479	524	1983	1782	1589	1160	1158
Total Admissions	1028	985	1068	1085	4194	4023	3578	2858	2568
Discharges - # who completed or left services	750	860	826	857	3316	3163	2661	2483	2247
Total Served - # who received any type of service (unduplicated count)	1821	1868	1954	2035	4413	4065	3738	3414	2894

**Program Description and Number of Persons Served by Program**

Individuals enter a program based on the referral source, client preference, and/or treatment recommendations. All individuals are assessed following intake and are admitted into the level of care based on their diagnosis, Global Assessment of Functioning scale, and ASAM scores (American Society of Addiction Medicine). An educational curriculum is available in most programs for those individuals who are not yet substance dependent. Traditional Outpatient includes individual, group, and family counseling for individuals who have a substance abuse or dependence diagnosis but who do not meet ASAM scores for the Intensive Outpatient level of care, which meets a minimum of 9 hours per week. Programs receive referrals from probation and parole

officers; Greenville Memorial Hospital, Greenville Mental Health, Department of Social Services, schools, and a multitude of other community organizations. The Agency also makes referrals to external organizations to meet the needs of individuals as identified in their Individualized Treatment Plan.

FY 08	Intakes	Admissions	Discharges	Total Served
Detox/Crisis Stabilization – program for adults age 18 and older who are in withdrawal. CSU patients are referred from GMH and have a dual diagnosis. Length of stay is 3-5 days.	1289	1151	975	778
Women’s Residential – program for women who are pregnant or parenting young children and who have a substance use disorder. Length of stay is 6-9 month.	47	64	33	48
Circle of Friends – program for children between the ages of 6 weeks and 5 years who have developmental delays due to mother’s substance use.	61	61	57	78
Intensive Family Services – program for children or adolescents who are in danger of removal from the home or incarceration. Services provided in the home.	32	24	6	25
Adult Outpatient – program for adults who have a substance use disorder. Intensive Outpatient is provided a minimum of 9 hours per week.				
Outpatient Services	1323	785	576	1042
Intensive Outpatient Services	0	487	331	386
Total	1323	1272	907	1428
Adolescent Outpatient – program for adolescents who have a substance use disorder. Intensive Outpatient is provided a minimum of 9 hours per week.				
Outpatient Services	428	319	293	388
Intensive Outpatient Services	0	49	28	35
Total	428	368	321	423
Offender Based Intervention – program for adults with a legal issue, including probation and				

parole.				
Outpatient Services	0	81	101	103
Intensive Outpatient Services	1	33	39	44
Educational Curriculum	164	0	0	87
Total	165	114	140	234
ADSAP – program for DUI offenders.				
Outpatient Services	0	565	475	696
Intensive Outpatient Services	2	117	42	61
Educational Curriculum	1153	458	360	642
Total	1155	1140	877	1399
<b>FY 08 Total</b>	<b>4500</b>	<b>4194</b>	<b>3316</b>	<b>4413</b>

### Primary Substance Problem by %

Alcohol	48%
Opiates	17%
Marijuana	15%
Cocaine	12%
Methamphetamine	3%
Other	2% (nicotine, hallucinogen, benzodiazepine, etc.)

Almost 50% of individuals who are admitted into services receive a primary diagnosis related to alcohol use. With all other substances combined, alcohol remains the primary problem at admission.

### Accessibility/Efficiency Measures

During the fiscal year, there were 10,551 appointments scheduled in outpatient services. Of those that were scheduled, 66%, or 6,976 were actually attended. Staff continues to offer appointments within 24 hours of first contact; however, many individuals choose not to schedule within 24 hours.

Through June, 78% of clients (all programs combined) received an assessment within two days of the initial intake service.

In addition, 84% of clients (all programs combined) received a treatment service within six days of their assessment. This is an improvement over last fiscal year when only 62% of clients received a treatment service within this time period.

## II. Prevention Services

### Program Description

### Number of Persons Served

**General Prevention Activities-** Health Fairs, Awareness Activities, Community Events

**15,942** Awareness

<b>School District</b> – Youth Board Programs, Student/Teacher/School Presentations	<b>7,256</b> Students/Staff
<b>Children in the Middle</b> - 8 hour parenting class for divorcing/separating parents	<b>85</b> Family Members
<b>Street Smarts</b> - Multi-session prevention curriculum offered to community/school groups	<b>446</b> Students
<b>REACH</b> - Weekly prevention program for at-risk youth ages 13-19	<b>55</b> High-Risk Students
<b>Alcohol Intervention Program</b> - 8 hour prevention class for youth with alcohol violations	<b>5</b> Adolescents
<b>Alternatives to Suspension</b> - 4 hour Prevention class for youth with tobacco violations	<b>47</b> Adolescents
<b>HIV/AIDS</b> Community education, awareness, and testing	<b>769</b> Education <b>2135</b> Awareness <b>193</b> Testing/Counseling
<b>Merchants</b> – Alcohol and Tobacco Compliance Checks by law enforcement partners	<b>84</b> Merchant Ed <b>404</b> Alcohol Compliance Checks <b>151</b> Tobacco Compliance Checks
<b>College Programs</b> – Environmental Prevention technical assistance to SC colleges	<b>120</b> College Staff/Administrators
<b>TOTAL</b>	<b>27,692 Greenville County Residents</b>

### **III. Information and Referral Line/Clearinghouse**

The Information and Referral Line became operational in October. Through June, there have been 930 calls to the line. The majority of callers requested information or assistance for an alcohol problem. The second most common substance for which help was requested is cocaine.

As a result of these calls, information and referrals were provided. The following organizations were among programs to which referrals were made: The Phoenix Center, Greenville Mental Health, Anderson Mental Health, Spartanburg Alcohol and Drug Abuse Commission, Holmesview, Morris Village, Marshall Pickens, Don Foster and Associates, Miracle Hill, and Alanon.

In addition to the helpline, individuals may access information about substance abuse resources through the Phoenix Center's website. The Substance Abuse Directory includes an extensive listing and description of self help, medical model, and faith based programs in Greenville County and surrounding areas. The Directory was updated and revised to include a more comprehensive listing of programs and services. The Phoenix Center also offers printed materials on substance use disorders to teachers, other professionals, parents, and others in the community upon request.

The Substance Abuse Services Alliance (SASA) provides a forum for networking among AOD providers. The group meets monthly and a representative from all AOD providers is invited to attend. Moving into FY 09, SASA will provide many of the functions as outlined in the clearinghouse concept.

#### **IV. Finances**

For the financial year that ended June 30, 2008, the Phoenix Center had a net income from operations of \$138,732. An additional \$226,531 in interest was earned on funds received from the state for the establishment on an adolescent facility. The balance of the fund for the adolescent center is \$6,415,843. Cash on hand is \$836,040 compared to \$798,791 this time last year. Currently the agency has approximately \$450,000 in long-term funds, which is collateralized against current mortgages and is inaccessible. There was no use of long-term funds during FYE2008.

Client revenues have increased significantly from last year. For FYE2008, the client revenue increased to \$1,360,082 from \$951,514 from the previous year. Client revenue has doubled in the last two years. The increase is due to numerous factors including: increased fees, more services being provided, better insurance collection and being able to garnish wages through the SC Department of Revenue.

Each program utilizes its own funding mechanisms to operate. If a program's expenses exceed its revenue, the program reflects a loss. The Agency does not shift funding from a profitable program to cover the loss of another for any period of time. Some of our funding is discretionary; these funds can and are used to address funding shortfalls of a program. The funds provided by the State for the establishment of an adolescent facility have been deposited in a separate checking account and will not be co-mingled with any operating funds. Payments from this account will be limited to expenses approved by SCDAODAS for the establishment of the adolescent facility. The only significant payment from adolescent funds in the fourth quarter was \$88,045 for architectural services.

#### **V. Other Accomplishments and Activities**

*Licensing and Accreditation* – On September 27<sup>th</sup> and 28<sup>th</sup>, the Commission on Accreditation of Rehabilitation Facilities (CARF) conducted an on-site visit of each facility. The Agency's conformance to CARF standards was measured by a team of three CARF surveyors to determine if the Agency is performing at an appropriate level to achieve reaccreditation. The Agency received reaccreditation in all programs seeking accreditation: Detoxification, Adult and Adolescent Outpatient, Adult and Adolescent Prevention, and Residential. Prevention received exemplary conformance due to its adherence to standards. In addition, all facilities were re-licensed by the Department of Health and Environmental Control in May 2008.

*Adolescent Outpatient* – Several new programs were implemented during FY 08. *Bridge* is a comprehensive, individualized, family-centered service primarily designed for

adolescents who are preparing to leave a substance abuse inpatient program, a juvenile justice facility, or other residential setting. *Bridge* helps transition adolescents back into the community by providing specialized services such as family counseling, intensive case management, continuing care, and assistance with primary healthcare needs.

The *Intensive Family Services* program serves children and adolescents who are in danger of being removed from the home or incarcerated due to behavior or other problems. Some of these individuals are at risk of developing a substance abuse problem while others have already developed a problem. Services are primarily provided in the client's home and include participation from the primary caregiver as well as any other family members in the home.

The *Alcohol Intervention Program* was implemented in June and will serve adolescents under the age of 21 who are charged with alcohol related offenses.

Adolescent staff was selected to participate in a National Institute on Drug Abuse grant recently awarded to Scott Henggeler, Ph.D., and his team of clinician-researchers at the Medical University of South Carolina. This study is designed to enhance therapist knowledge and implementation of evidence-based methods of practice.

*Adolescent Residential Program* – In December, 20 acres of land was donated to the Agency by Walt Brashier for construction of the adolescent residential facility. The land is located near Furman University and is easily accessible for individuals seeking admission. Pursuant to acquisition of the land, a Request for Proposals was published seeking architectural services for the design of the new facility. Following interviews with the top 5 firms, the project was awarded to Michael Keeshen and Associates. Following several meetings with staff, board members, and interested community members as well as a tour to a similar facility, a schematic design was presented for board approval. The project has now moved into the next phase of design development. Site clearing followed by construction is expected to begin in November 2008.

An application for licensing was submitted to the Department of Health and Environmental Control (DHEC) for the adolescent facility. A Request for Exception was submitted to DHEC to allow admission of individuals under the age of 18 to the residential program. The request was granted by DHEC and will allow us to pursue licensing under Regulation 61-93 (Psychoactive Substance Abuse Disorder facility).

*Circle of Friends* – Circle of Friends partnered with First Steps in September 2007 and began an initiative that was completed in May 2008. First Steps was created in 1999 by the General Assembly of our state and focuses on the “first steps” to school readiness. Since partnering with First Steps, the Therapeutic Behavioral Services program at Circle of Friends has had opportunities to learn new curriculums that can be integrated into the daily routines for the children's day. The classrooms and playgrounds have also been enhanced with much needed supplies and equipment that aid the teachers in carrying out their work with the children.

In March, COF was awarded a grant for \$11,321 from the Junior League of Greenville to purchase new playground equipment. The equipment was installed and will be used to enhance parent child bonding as well as to strengthen fine and gross motor skills for the children.

The Department of Social Services made an unannounced inspection visit during the month of May and Circle of Friends received 100% compliance. In addition, the First Step Initiative assessment was conducted in the Infant and Preschool classrooms. The scores were 6.35 and 6.44 out of a possible 7. The teachers worked with a field specialist for 8 months learning a new curricula and classroom routines. The new ideas will be interwoven with the therapeutic portion of the day and serve as the guideline for extended afternoon care.

*Detox* – A medication assisted therapy component was added for opiate and alcohol dependent clients to assist with transition from Detox to Outpatient. Eligible clients receive medical visits and a prescription for pharmacological medications (Suboxone or Vivitrol) to assist in controlling cravings during the transition to outpatient.

The Crisis Stabilization program, which is a joint effort between the Phoenix Center, Greenville Hospital System, and Mental Health has been renewed for another year. Detox staff meet regularly with GHS Annex staff to assure the working relationship remains smooth and efficient. A Detox counselor continues to lead a daily group at Greenville Mental Health which focuses on substance use issues.

*Outpatient* – The partnership with Greenville Tech's Employment Readiness Program has been expanded to include admittance to morning and evening IOP groups. This program provides skills and training such as job search, interviewing, finance management, and continuing education exploration.

ADSAP staff participated in a planning group to implement procedures resulting from new DUI legislation. Beginning in January 2009, multiple DUI offenders must have a breathalyzer installed in their vehicle for a period of time dependent upon their offense. The vehicle will start only after the car's owner provides a breath sample and if alcohol is registered, he/she will obtain a point under the point system. This system will be monitored through state probation and parole. After obtaining a determined number of points, a client will be mandated back to treatment. In addition, recent legislation has been passed that increases fines and penalties for DUI, registering certain amounts on breathalyzer, and for refusing to take breathalyzer. Beginning in February 2009, any client convicted of DUI must enroll in ADSAP within 30 days or be in violation of a court order. This has the potential to increase our admissions significantly as individuals will no longer be able to postpone enrollment until they desire re-licensure.

*Prevention* – The Prevention department was selected from a nationwide group of applicants to host a Youth Community Briefing on Underage Drinking. The event was held in March at Furman University. Over 100 Greenville residents and community partners attended this forum where the Youth Board presented information and a Greenville parent shared the story of how she tragically lost her brother to underage drinking. The Youth Board received \$500 in materials from the FACE Organization to host this event in March 2008.

The 13<sup>th</sup> Judicial Circuit AET (Alcohol Enforcement Teams) Program coordinated by the Phoenix Center Prevention Department led the state in the number of compliance checks conducted on local alcohol merchants in FY08. Greenville Co. law enforcement working with The Phoenix Center conducted 503 checks of which 78 stores sold alcohol to youth.

This equals a 15% buy rate, down from 45% in 2003. Greenville and Pickens Co. combined conducted 730 checks of which 78 stores sold alcohol to youth. Additionally the 13<sup>th</sup> Circuit Program completed the most “Alcopop” compliance checks in the state. Alcopops are alcoholic soda and energy drinks that are highly popular among youth. The Phoenix Center recognized officers from every Greenville/Pickens law enforcement municipality in June presenting awards for their collaboration and prevention success this fiscal year. This event was covered by WYFF News Channel 4 and WSPA News Channel 7.

The Phoenix Center Prevention Department came in first in the state in the SC Tobacco Prevention Incentive Program in FY 08. The incentive program called “STEP” was coordinated by SC DAODAS and allows county agencies to gain points and earn funds by providing evidence based tobacco prevention programs. These efforts included youth tobacco prevention classes (ATS), locating new tobacco outlets, coordinating tobacco compliance checks with law enforcement, coordinating a multi-jurisdictional tobacco agreement with law enforcement, and providing Merchant Education classes (PREP).

The Phoenix Center Prevention Department recently received a 50,000 dollar grant through the SC Safe and Drug Free Schools and Communities Program to continue its successful REACH Program for at-risk youth. This was a highly competitive grant process and this award will allow The Phoenix Center to provide needed prevention services to Greenville youth ages 13-19. The *REACH* program has 3 groups, two of which meet on the Agency premises and the third group meets in Travelers Rest.

The Phoenix Center Prevention Department recently received an incentive check for completing the annual Tobacco Buys survey in Greenville with the highest standards. This survey monitors tobacco access to youth in Greenville County by surveying tobacco compliance of local stores.

*Women’s Residential* – Several collaborative meetings were held with community organizations and potential partners. A presentation was provided to students in the Human Service program at Greenville Tech; a tour of the facility was provided to Guardian ad Litem and representatives of the Upstate Recovery Center; collaborative meetings were held with the chairs of the Women’s Circle at First Presbyterian Church in Travelers Rest, Redemption Outreach Church, and St. Francis Hospital. The Redemption Ministry would like to provide mentors to the women who leave the facility as an additional support network following transition. The project at St. Francis would provide access to a mobile dental clinic to provide preventive and referral services to the women and children. The unit belongs to St. Francis Hospital and is staffed by Greenville Tech dental students. The schedule is tentatively set to begin the 1<sup>st</sup> Wednesday in September.

